

IMAGE COURTESY PARADISE CITY DRAGON BOAT

Members of Paradise City Dragon Boat use teamwork and tough physical exercise to move beyond the experience of having cancer.

# Stories of resilience seek to instill hope in those fighting cancer

FROM C1

"The support from this community of people is just phe-

Dragon Boat racing, which began in China over 2,000 years ago, has now become an international sport, with groups located all over the world, says Mary Morris, another member of the Hadleybased group.

It's also become an international movement for breast cancer survivors in particular, as exercise from rowing is considered a good counter to muscle loss from mastectomies and to lymphedema, swelling that can occur in women after the surgical removal of lymph nodes.

The Hadley group, which has about 40 members, from people in their 30s up to 80 years old, has raced on the Connecticut River outside Springfield and Hartford, on the Charles River in Boston, and on Lake Champlain in Vermont, among other places.

The feeling of support Smith, 64, has received from being part of the team got her to thinking a few years ago about other ways to advance that sense of mission.

'I wanted to see and hear from people who were really determined to beat this disease, to lead fulfilling lives," said Smith, an administrator for social services for residents of southern Vermont. "I thought that was a message that could resonate with a broader audience, not just people dealing with cancer.'

She reached out to an old friend, Susanne Schmidt, a producer for The Moth, the New York literary organization that produces storytelling events across the U.S. and overseas. Would Schmidt be willing to help put together an event with PCDB that would feature cancer survivors telling their stories?

Smith said Schmidt not only agreed to help, she agreed to do it for free.

"I'm a total fan of The Moth, so to have someone from the show working with us has been such an inspiration," she said.

Some months back, a program committee at PCDB put out a call for story proposals from cancer survivors through varied avenues: social media, groups such as Northampton's Cancer Connection, and other peer net-

In the end, Smith says,

they received 35 submissions from cancer survivors from across the region, including from members of the Dragon Boat group. After Schmidt whittled down some of those entries, the committee, of which Smith is a part, collectively settled on stories from eight people.

In the last couple of months, Schmidt has worked with the eight finalists in group and one-on-one Zoom sessions to sharpen the sto-

ries and coach each person on how to best present them. "We think this is going to be great show," said Smith.

## **Being onstage**

Andrea Kandel, a PCDB member who lives in Pelham, will be one of those presenters. She remembers feeling utterly devastated when she was diagnosed with breast cancer in 2005; she was in her early 50s then.

"I had a young child, and I wanted to be here to watch her grow up," said Kandel, who's now 69. "It was heartwrenching."

But Kandel, who's retired from directing the National Conference for Community and Justice, a Connecticutbased nonprofit group, has been cancer-free for years and has watched her daughter become a young woman; she's now 26. Kandel attributes some of her success to joining the Dragon Boat team in 2019.

"I've never been an athlete, but my body has never been in better shape than it is today," she said. "I tried being part of some cancer support groups when I was diagnosed, but it didn't work for me — I was scared to hear all these other sad stories."

With PCDB, Kandel added, "The focus is not on cancer, though everyone there has been touched by it in some way. But we're all so committed to working together as a team — it just lifts my spirits."

Though she enjoys hearing first-person stories herself, Kandel says she has no theatrical experience and initially didn't think she'd want to tell her own tale at the Feb. 11 event. Then she reconsid-

"I thought, 'I'm going to be 70 — it's time,' " she said. "And it's been exciting to work with Susanne, even if the idea of being alone on stage gives me a lump in my throat. Susanne said 'You're

all gonna feel like throwing up,' so I guess being nervous is just part of the process."

That's probably not the case for Beth Lux, a Greenfield lawyer and Dragon Boat member who notes she's had plenty of experience in "the theater of the court," she said with a laugh. "I'm used to performing for a jury. That's definitely part of the job."

Lux, 52, who will present a story on Feb. 11, was also diagnosed with breast cancer, in her case in 2009 when she was in her late 30s and had young children. In those early years, she says, all her efforts were focused on family and just trying to keep things at home as normal as possible.

But in 2019, her oncologist suggested she check out the Dragon Boat program, and she was soon hooked, which surprised her. Though she'd previously been a dancer, Lux says she never had much success in sports: "I had a classmate in 7th grade who signed my yearbook 'To the worst softball player on the planet."

Lux, who's been cancerfree for years now, wasn't taken at first by the theme of the PCDB event, though she's a fan herself of storytelling programs like The Moth and NPR's "This American Life.'

"I thought, 'Who's going to come to that? Who wants to hear cancer stories? That sounds depressing," " she

But when she considered her experience with the Dragon Boat team, Lux decided she'd take part in the Academy of Music event and create a story about her expe-

"If these can be stories that make you laugh as well as cry, then it can really be special," she said.

The storytelling sessions, which will serve as a fundraiser for Paradise City Dragon Boat, will have an added element: Guitarist and songwriter June Millington, co-founder of The Institute for the Musical Arts in Goshen, will play music during the program.

"We hope this can be something people of all walks can appreciate as a celebration of life," said Smith.

Tickets for "Cancer Survivors: Stories of Hope and Resilience" are available at aomtheatre.com.

Steve Pfarrer can be reached at spfarrer@ gazettenet.com.

## **Bridge Club Results**

Club welcomes anyone who wishes to play duplicate bridge. ONLINE games are played on bridgebase.com/ at 7:00PM on Tuesdays and **IN-PERSON** Thursdays; games are played at 1:00PM on Wednesdays at the Christ United Methodist Church, 271 Rocky Hill Road (Route 66) in Northampton. Visit www.northamptonbridgeclub.org and click "HELP"

help, contact Philippe at phgalaski@gmail.com. For kids to learn playing bridge, ACBLEF.org/Bridge-Whiz for details.

the online play on 2023-01-

Nettler 63.89, Susan McCoy- ill-Lesley Dearden 67.46, David Rosnick 57.99, Judith John Hyde-Robert Sagor 47.92.

E/W: Roger

The Northampton Bridge to learn more. For additional Philippe Galaski 60.76, Kurt Schneider-Markus Wagner 59.72, Anne McCune-James Nowill 53.47, George Abbott-Liz Hildebrandt 48.61.

There were 4 tables in There were 7 tables in the in-person play on 2023-

Hyde-Philippe Judy N/S: Robert Leitch-Jan Galaski 69.84%, James Now-DeBaggis-Motoko Oinaga 64.29, Karen A. Webb- French-Arlene Nolan 60.32.

# NOTICES

## Legals

## **PUBLIC HEARINGS**

Notice is hereby given that the Easthampton City Council will hold the following public hearings on Feb. 15, 2023 starting at 6:15 p.m. at 50 Payson Ave., 2ndflr, Easthampton and remotely by Google Meet. For remote connection see the Feb. 15th City Council meeting agenda on https://easthamptonma.gov/AgendaCenter.

**Supplemental Appropriations:** \$20,000 to supplement the FY '23 Legal Services Budget

\$194,000 for various Fire Dept. appropriations

\$73,390.70 for Police Dept. retirement, new hire expenses & a FY '22 medical bill

Homar Gomez, President, Easthampton City Council

## **LEGAL NOTICE DEADLINES**

Monday's paper..... ...Friday at 9am Tuesday's paper .....Friday at 3pm Wednesday's paper .... Monday at Noon Thursday's paper ....... Tuesday at Noon Friday's paper ...... Wednesday at Noon Saturday's paper...... Thursday at Noon

## Legals

Public Hearing Notice
The Hadley Conservation
Commission will hold a Public Hearing on a Notice of Intent filed under the provisions of the Wetlands Protection Act (M.G.L. Chapter 131 Section 40) and local wetlands bylaw on Tuesday February 14, 2023 at 6:30 PM at the Hadley Senior Center on the following application:

Hadley Public Schools seeks to redevelop athletic fields and a walking path at Hopkins Academy at 131 Russell St, Hadley MA (Map 4I, 4H Parcel 5, 65B-1).

The public is invited to attend. Copies of the application and plans are available for inspection in the Conservation Office in Town Hall on Tuesdays from 11-1 and by appointment.

The meeting details for the meeting will be provided on the Conservation Commission's Agenda posted on the Town's website: https://www.hadleym a.org/ at least 48 hours prior to the meeting, or you may email conservation@hadleyma.org for the agenda to be emailed to

All are invited to participate.

Shyla Davis Hadley Conservation Commission

February 4 383195

## Legals

383091

## NOTICE OF INITIAL SITE INVESTIGATION AND TIER I CLASSIFICATION

### 66 Leverett Road, Shutesbury, MA RTN 1-21489

A release of hazardous material has occurred at this location, which is a disposal site as defined by M.G.L. c. 21E, § 2 and the Massachusetts Contingency Plan, 310 CMR 40.0000. To evaluate the release, a Phase I Initial Site Investigation was performed pursuant to 310 CMR 40.0480. As a result of this investigation, the site has been classified as Tier I pursuant to 310 CMR 40.0500. On January 28, 2023, the Town of Shutesbury (the Owner) filed a Tier I Classification Submittal with the Department of Environmental Protection (MassDEP). To obtain more information on this disposal site, please

> Town of Shutesbury Selectboard 1 Cooleyville Road, P.O. Box 276 Shutesbury, MA 01072 413-259-1297 Email: selectboard@shutesbury.org

The Tier Classification and an associated Phase I Initial Site Investigation Report documenting the site history and extents of contamination was submitted electronically, and may be viewed by searching for RTN 1-21489 at the following website:

Massachusetts Department of Environmental Protection Reportable Releases Look Up https://eeaonline.eea.state.ma.us/Portal/#!/search/wastesite.

Additional public involvement opportunities are available under 310 CMR 40.1403(9) and 310 CMR 40.1404.

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Legals

## **WANTED TO LEASE**

OFFICE/HELICOPTER HANGAR SPACE IN CHICOPEE OR WESTFIELD, WITHIN AN ACTIVE AIRPORT WITH AIR TRAFFIC CONTROL, FULL TIE SECURITY AND FULL TIME ON-FIELD FIREFIGHTING/CRASH SERVICES.

On behalf of the Department of State Police, the Massachusetts Division of Capital Asset Management and Maintenance invites proposals to lease approximately 8,500 usable square feet of office/helicopter hangar space in the above-referenced search area for a term of 10 years.

Proposals must be submitted to:

Division of Capital Asset Management and Maintenance Office of Leasing and State Office Planning One Ashburton Place 15 th Floor, Suite 1500 Boston, Massachusetts 02108

or by e-mail to:

leasepropsubmittal.DCAMM@mass.gov

Proposals must be submitted by the deadline of February 23, 2023. at 2:00 p.m. Proposals will be opened at that time.

The RFP can be downloaded from www.mass.gov/service-details/l easing-property-to-the-commonwealth Under Requests for Proposals (RFP) to Lease Space, click on "COMMBUYS" and then click on "Find It". You may also email leasing.dcamm@mass.gov or call 857-204-1355 to request a copy of the RFP, referencing Project Number 202236500.1 For further information, call 857-329-3733. This notice is also available at www.masspublicnotices.org.

January 21, 28 February 4, 11

## Do you have a Legal Notice to publish?

Publishing a notice is easy! Email your notice to legals@gazettenet. com with your contact information and date of publication. With legal notices, sooner is always better. 72 hours ahead of publication is ideal, but the absolute last minute deadlines are:

Monday's paper ...... Friday at 9am Tuesday's paper .....Friday at 3pm Wednesday's paper......Monday at Noon Thursday's paper.....Tuesday at Noon Friday's paper ...... Wednesday at Noon Saturday's paper ......Thursday at Noon

Please note that with the exception of certain standard notices such as informal probate notices, name changes, conservator/quardian notices and citations on petitions of formal adjudication, all legal notices must be typed and sent to legals@gazettenet.com.

We do not have a typesetter and cannot accept hard copies of zoning hearings, ordinance, public meeting notices, requests for bids, etc. These must be sent in a Word doc or in the body of the email.

Please call Pam at 413-584-5000 with any questions about placing legal notices in the Gazette.

## Legals

CITATION GIVING NOTICE OF CONSERVATOR'S ACCOUNT
Commonwealth of Massachusetts The Trial Court
Probate and Family Court
Hampshire Probate
and Family Court 15 Atwood Drive

Northampton, MA 01060 Docket No. HS17P0505PM In the matter of: **Donna L. Hayes** Of: South Hadley, MA Protected Person/Disabled

Person/Respondent To the named Respondent and all other interested persons, you are hereby notified pursuant to Rule 72 of the Supplementa Rules of the Probate & Family Court, that the Fifth Annual account(s) of Gerald W. Hayes of Mashpee, MA as Conservator of the property of said of the property of said Respondent has or have been presented to the Court for allowance. You have the right to object to the account(s). If you wish to do so, you or your attorney must file a written appearance and objection at this court on or before 10:00 A.M.

on the return date of 03/01/2023. This day is NOT a hearing date, but a deadline date by which you have to object to the account(s). If you fail to file the written appearance and objection by the return date, action may be taken in this matter without further notice to you, including the allowance of the account(s) Additionally, within thirty days after said return day (or within such other time as the Court upon motion may order), you must file a written affidavit of objections stating the specific facts and grounds upon which each objection is based and a copy shall be served upon the Conservator pursuant to Rule 3 of the Supplemental Rules of the Probate & Family Court. You have the right to send to the Conservator, by registered or certified mail, a written request to receive a copy of the Petition and account(s) at no cost to

IMPORTANT NOTICE The outcome of this proceeding may limit or completely take above-named person's right to make decisions personal affairs financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer one may be appointed at State expensé.

WITNESS, Hon. Linda S Fidnick, First Justice of this Court Date: January 26, 2023 Michael J Care Register of Probate

February 04 383106

## Legals

Commonwealth of Massachusetts The Trial Court Probate and Family Court Hampshire Probate and **Family Court** 15 Atwood Drive Northampton, MA 01060 (413) 586-8500 CITATION ON PETITION FOR FORMAL ADJUDICATION

Docket No. HS23P0028EA of **Bernhard Lei** Date of Death: 11/19/2022 To all interested persons: netition for

Adjudication of Intestacy and Appointment of Personal Representative has been filed

Andreas Leidner of Berlin Germany

requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The petitioner requests that: Andreas Leidner of Berlin Germany

be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written , appearance and objection at this Court before: **10:00 a.m. o**r the return day of 02/22/2023 This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matte relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Linda S. Fidnick, First Justice of this Court. Date: January 17, 2023

> Michael J. Carey Register of Probate February 4

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